

# THE EFFECT OF WASTE FOOD DIETS ON THE YELLOW MEALWORM LARVAE (*TENEBRIO MOLITOR*)

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## ABSTRACT

- The world population is projected to grow to 9.8 billion by the year 2050 (1)
- Currently, 37.5% of arable land on Earth is used to feed livestock (2)
- Using pesticides, fertilizers and animal waste for crop maintenance leads to land and water degradation (3)
- Globally, agriculture produces to one-third of methane emissions, 5.25 billion tons of carbon dioxide and 60% of nitrous oxide emissions (3)

We need an alternative protein source that can sustain people and livestock while producing significantly less greenhouse gases!

## FUNDING/SUPPORT

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## WHY MEALWORMS

Our research on Yellow Mealworm Beetle (*Tenebrio molitor*) larvae offers a solution to these problems in four ways.

Mealworms...

- take up less space than traditional livestock
- can be fed less expensive & more sustainable diets and have reduced water requirements
- produce significantly less carbon emissions compared to traditional livestock
- have a greater nutritional density than beef

## METHODS AND MATERIALS

- Live mealworms were obtained from Wild Birds Unlimited in Surrey, BC
- Each life stage (mealworm larvae, pupae and beetles) were raised in Steralite containers
- All first generation life stages were raised on control diet of oatmeal pellets
- Second generation mealworm larvae were split into three groups of ~1000 worms, with each group being fed a different (Fig 1)
- A variety of metrics were collected every Monday Wednesday and Friday (Table 1)
- Components of each diet were sourced from a variety of locations (Table 2)
- All food items were dehydrated and converted into pellets using potato starch as a binder
- Diets were Control, Waste Food and High Protein/High Starch (Table 3)

| DIET TYPE                 | COMPOSITION                    | SOURCE  |
|---------------------------|--------------------------------|---|
| Control                   | Oatmeal                        | Grocery Stores                                      |
| Waste Food                | Kitchen Scraps<br>Organic Bins | Langara College<br>Chartwells<br>Researcher's Homes |
| High Protein /High Starch | Meat<br>Brewer's Spent Grain   | Grocery Stores<br>Faculty Brewing                   |

TABLE 1 - DIET SOURCES

| DIET TYPE                | COMPOSITION   |
|--------------------------|---|
| Control                  | Oatmeal + Water + Fresh Carrot                            |
| Waste Food Diet          | Waste Food + Potato Starch + Fresh Carrot                 |
| High Protein/High Starch | Meat + Brewers Spent Grain + Potato Starch + Fresh Carrot |

TABLE 2 - DIET COMPOSITION

| METRIC  | RATIONALE                                       |
|---|---|
| Number of Alive Individuals                                   | Track Population Numbers                        |
| Number of Dead Individuals                                    | Assess Mortality Rate                           |
| Weight of Individuals (Alive Only)                            | Assess Average Gain                             |
| Initial Weight of Feed (g) & Amount of Remaining Feed (g)     | Assess Feed Consumption                         |
| Initial Weight of Carrot (g) & Amount of Remaining Carrot (g) | Track Differences                               |
| Presence of Mold in Container                                 | Assess Correlations with Feed Type of Mortality |

TABLE 3 - DIET SOURCES



FIG 1 - THE EXPERIMENTAL SETUP AND DIETS

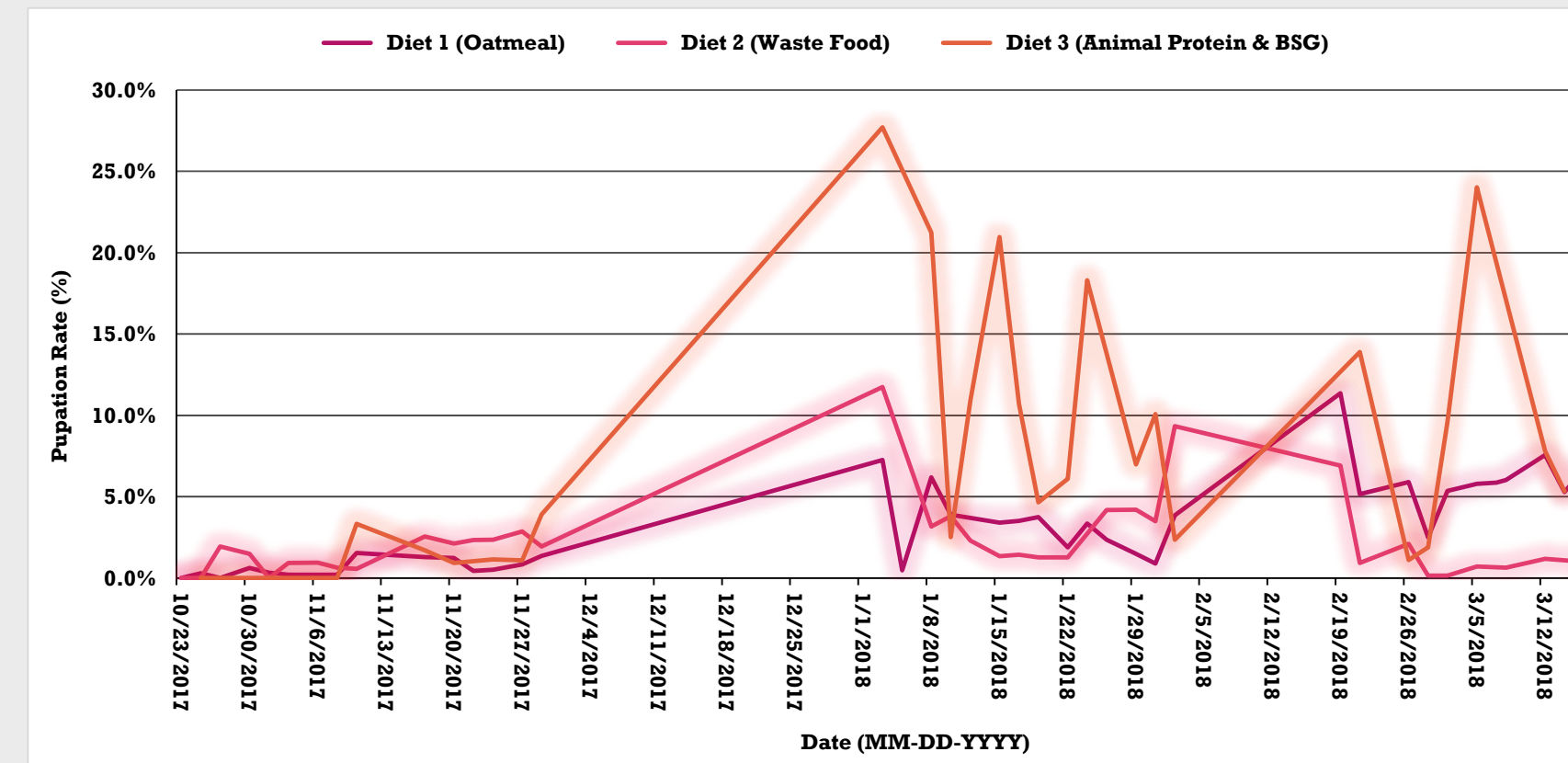


FIG 2 - PUPATION RATE

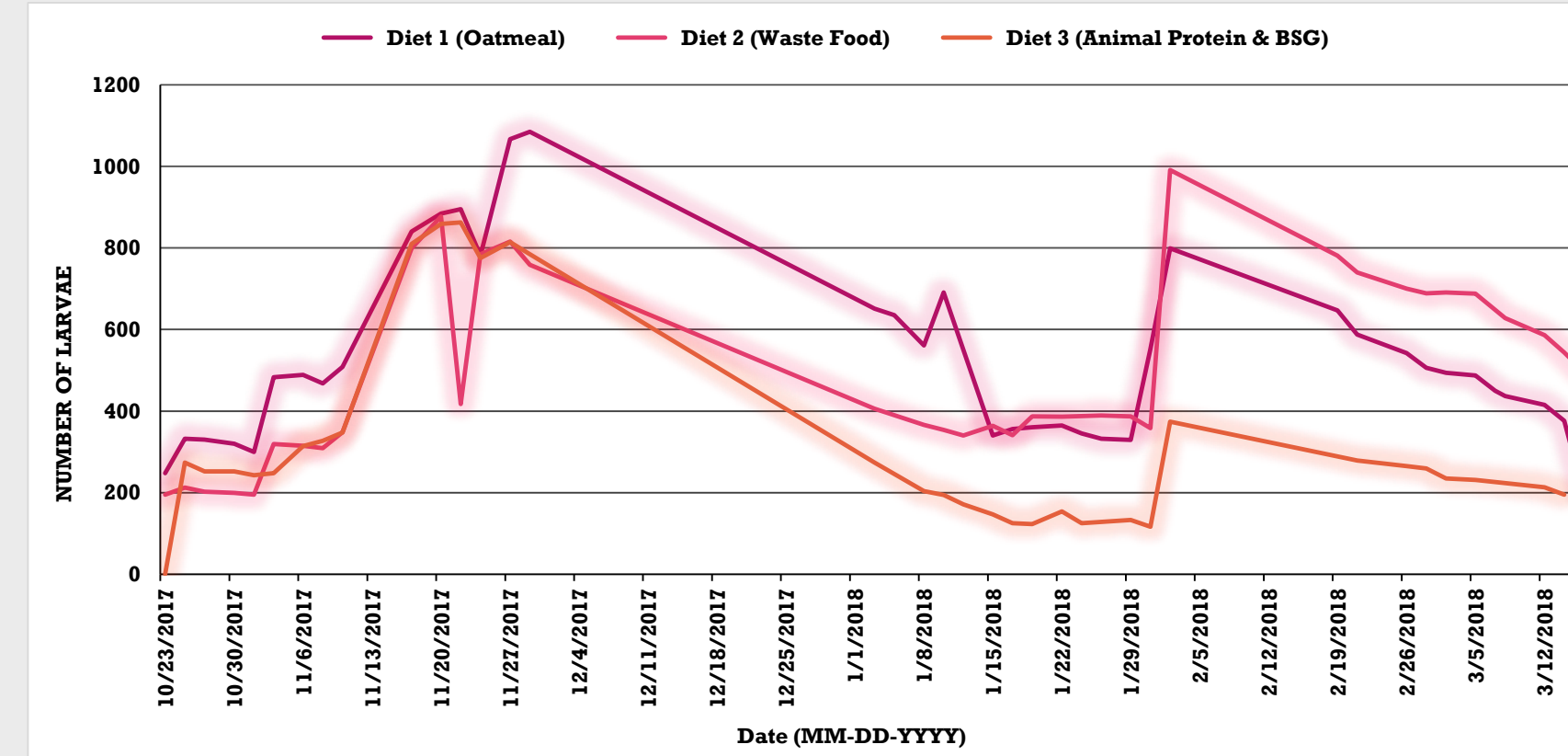


FIG 3 - CHANGE IN LARVAE OVER TIME

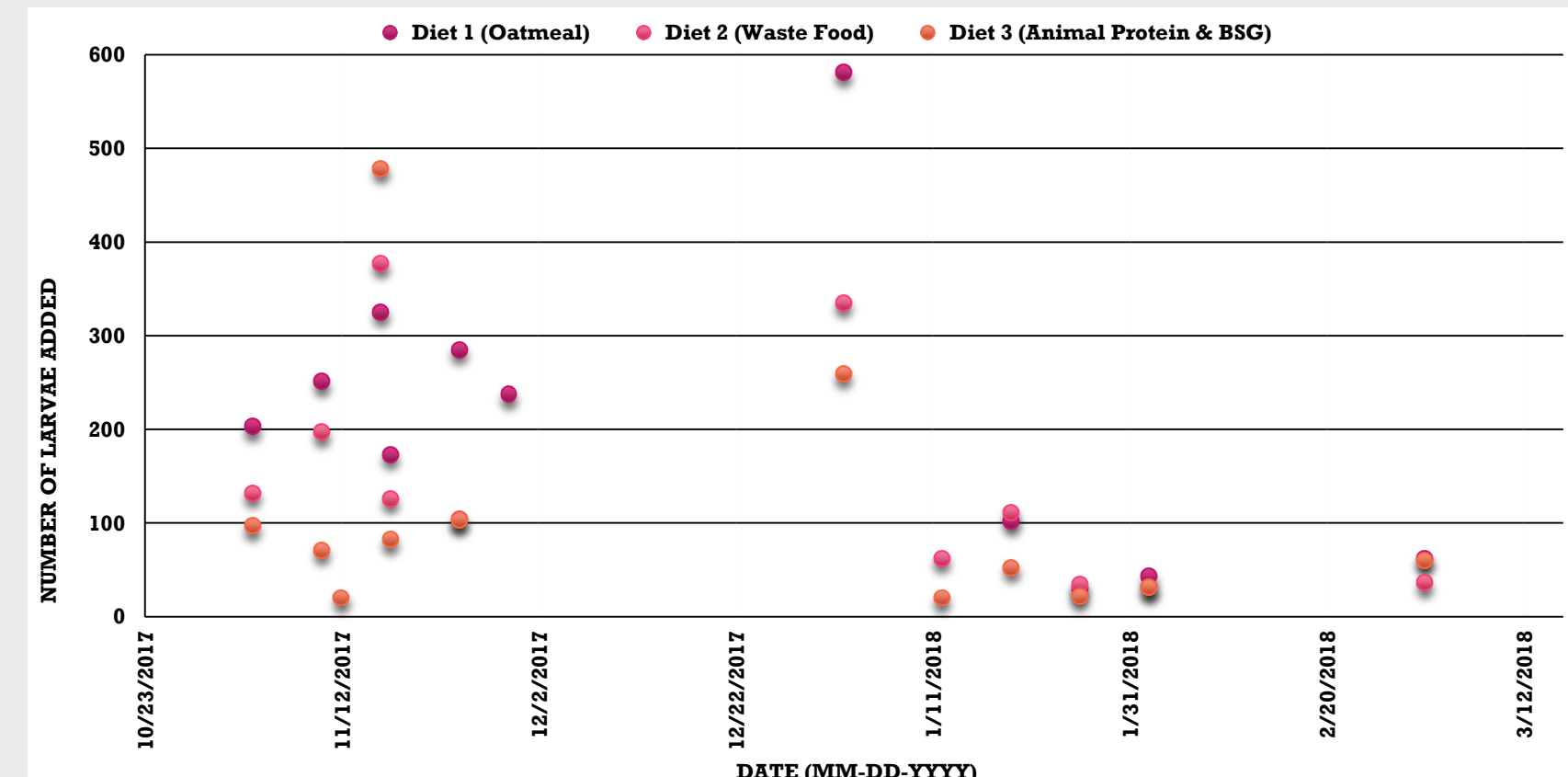


FIG 4 - MEALWORM LARVAE ADDED OVER TIME

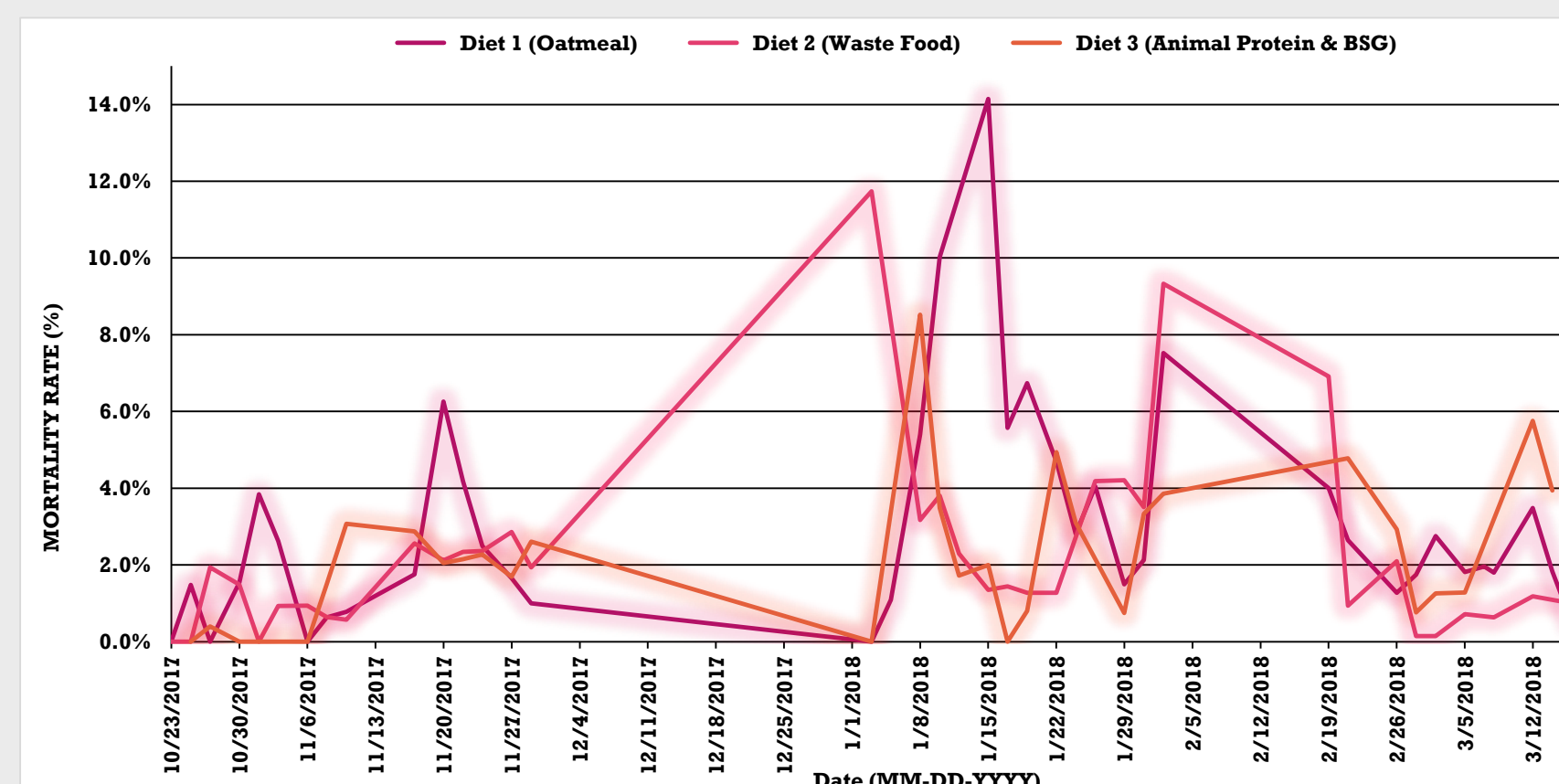


FIG 5 - MORTALITY RATE

## RESULTS

- Mealworms on the Control and Waste Food diets had higher population numbers compared to the High Protein/High Starch diet (Fig 2)
- Waste Food and Control diets both had lower average mortality rates ( $2.2\% \pm 2.5$  and  $2.2\% \pm 2.0$ ) compared to the High Protein/High Starch diet ( $3.0\% \pm 2.9$ ) (Fig 3)
- Transition from larvae to pupae (pupation rate) was significantly higher for High Protein/High Starch diet (Fig 4)
- The Waste Food diet produced a lower amount of new larvae compared to the control (Fig 5)

## CONCLUSIONS

It is feasible to raise mealworms on a waste food diet. Further study is needed to determine if yellow mealworm larvae can act as an alternative nutrition source for humans

## REFERENCES

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